

Temperature/Fever

Your temperature may be slightly elevated for several days after surgery. This is common and should not alarm you. We may suggest acetaminophen (Tylenol), deep breathing exercises, and spending more time out of bed. Most fever after surgery is caused by a lack of deep breathing. Continue to use your incentive spirometer (breathing exercise machine) at home and engage in frequent walks to engage deeper breathing. However, if fever persists above 101.3°F and is accompanied by chills, sweats, increased pain or drainage at the incision, you should call the office.